

Start with a Dental Detox

Simply put, **DENTAL DETOXIFICATION** is the systematic and careful removal of dental toxins from your mouth. This process requires **3 things in order**: first, you need to know exactly what you have going on in your mouth and whether this has the potential to cause toxins. Then you need **a team in your corner** (You'll want a knowledgeable health practitioner, a willing and competent dentist and ideally a dental detox facilitator to guide you through what can be a challenging and confusing process.) Then **step 3 is action** where you'll get the thing that needs doing done.

Dental toxins can be highly toxic so they need to be carefully removed - often sequentially - in order for best results to be gained. So you really want to get this bit of your health journey right.



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(BHSc Nutritional Med.
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**BIOLOGICAL DENTAL
REVISION CO-ORDINATOR**

That's where I come in! Hi my name is Jaye. I'm not just a nutritionist with over 30 years of experience working alongside dentists—I'm someone who truly understands the challenges you're facing. For 15 years, I've studied and worked in biological dentistry, and I've also personally experienced the life-changing benefits of removing dental toxins. I know this process can feel overwhelming, confusing, and expensive, especially when you're already dealing with health concerns. That's exactly why I'm here—to walk beside you every step of the way.

My Promise to You

Think of me as your personal advocate and coordinator. My job is to make sure you feel supported, informed, and confident throughout your dental revision journey. I'll be the bridge between you, your dentist, and your healthcare providers, ensuring everyone is working together with your best interests at heart.



How I'll Support You

- I'll translate complex dental concepts into language you can understand
- I'll help you find the right dental professionals who respect your choices
- I'll coordinate communication between all your healthcare providers
- I can even be by your side during dental procedures if you'd like
- I'll create a clear, actionable plan tailored to your specific needs

What I'll Do For You:

- Be your primary point of contact between all healthcare providers
- Explain biological dentistry concepts in ways that make sense
- Ensure everyone on your team has the information they need
- Advocate for your preferences and concerns
- Keep detailed records and track your progress
- Support you during procedures if you choose

What I Ask of You:

- Trust your instincts about what's right for your body
- Keep your scheduled appointments (or give notice when you can't)
- Follow the protocols we agree on together
- Be open about how you're feeling throughout the process
- Maintain direct relationships with your healthcare providers
(I'm here to facilitate, not replace them)



Your Personalized Dental Wellness Journey

I've designed my services to be flexible, because your needs are unique. Here's how we can work together (only Step 1A is non-optional).

Step 1: FIND YOUR WHY

- **1A) Comprehensive Assessment** (\$350): A 90-minute conversation where we'll review your health history, dental concerns, and goals. This is where we really get to understand what you need and want. You'll leave with a bespoke info pack to really understand the work in your mouth and its implications for your health.
- **1B) Treatment Planning** (\$350): If you're ready to go ahead and find out what's in your mouth we'll generate a suggested treatment plan (from a qualified biological dentist) that will show you what to expect. This is the bridge document between you and your dentist.

Step 2: GET SUPPORT

- **2A) Dentist/Health Practitioner Coordination** (\$350): I'll prepare a biological dentistry proposal and communicate respectfully with your health practitioner and current dentist (or help you find one who aligns with your preferences.)
- **2B) Treatment Prep Session** (\$350): We'll discuss what to expect during your treatment, how to prepare your body, and I'll be there for follow-up support afterward.

Step 3: DO THE THING

- **3A) Treatment monitoring:** (\$200) we keep in touch throughout your treatment and I support you through your process. A followup dental check that you have gotten the work done you needed.
- **3B) Revision Kit Supply** (\$350): I'll ensure your dentist has all the special materials needed for your biological dental procedures.
- **3C) Chair-side Assistance** (\$200-400 per visit): If you'd like, I can be present during your dental appointments to provide comfort, take notes, advocate for you, and help your dentist follow the specific protocols we've discussed. (Travel fees apply)

Individual Support Options

- **Practitioner Liaison** (\$90 per call): If you just need help coordinating with one specific practitioner I can help guide through this part of the process.
- **Expert Second Opinion** (\$250): When you just want a Biological Dental perspective on proposed dental work.



Why you'd want to hire me as your Dental Detox Professional

- My specialized knowledge in both conventional and biological approaches
- The time invested in coordinating your care
- The responsibility I take for ensuring clear communication
- The diplomacy needed to navigate different healthcare philosophies
- The better outcomes and satisfaction that come from coordinated care

What I Don't Do:

Provide dental or medical diagnosis or treatment

Replace the relationship you have with your healthcare providers

Guarantee specific outcomes

Override clinical decisions made by licensed professionals

What I Do Promise:

To facilitate clear communication and coordination

To educate and advocate for you

To support your informed decision-making

To ensure protocols are followed and documented

Terms for your Investment in Your Health

- 50% deposit to begin our work together
- Remaining balance due when your treatment is completed (chair-side assistance fees are due on the day of service)
- If you need to cancel with less than 24 hours notice, there's a 50% fee

**I'm here to make this journey as smooth and successful as possible.
You don't have to navigate this alone—I'll be by your side at every step.**

Book your Initial Appointment [HERE](#)